GOOD CLEAN FUN.
(How to properly wash your hands.)

**WASH** hands with soap and warm water

**LATHER** well beyond your wrists

**WASH ALL SURFACES** thoroughly, including wrists, palms, back of hands, fingers and under fingernails

**30 sec.** 
**RUB** hands together for at least 30 seconds (or sing Happy Birthday twice while washing)

**RINSE** thoroughly and dry completely